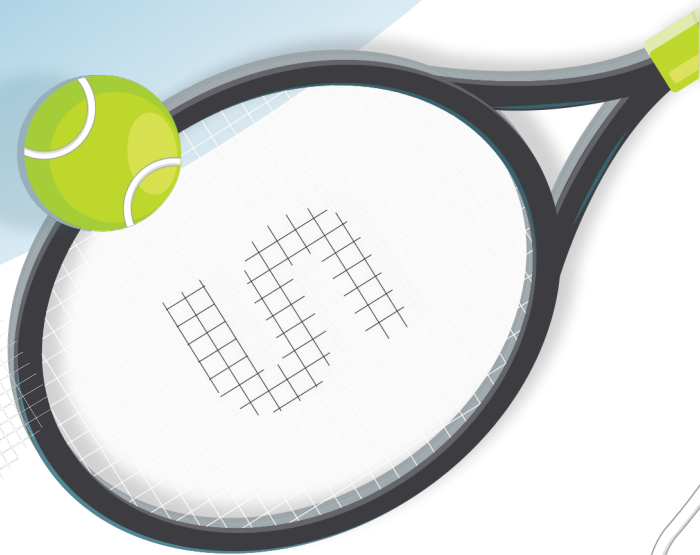


Step into the heart of tennis and sports medicine at the STMS World Congress 2025, where the world's leading minds and innovators in the field come together to push the boundaries of the game



stms world congress

AMSTERDAM, 4-5 APRIL 2025

PROGRAM

*Serving for
Success*



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|------------------------------------|--|
| 8:00-9:00 | Registration (restaurant) |
| 9:00-9:30 US Open | Welcome Edu Jansing, CEO KNLTB Anneke van Zanen-Nieberg, President NOC*NSF Fredrik Johansson, President STMS |
| 9:30-10:30 US Open | Competing in the Heat Keynote Topic <ul style="list-style-type: none"> • Ollie Jay: Extreme Heat Stress Risk Management for Professional and Community Tennis • Hein Daanen: Performance Preservation in Tennis: Strategies for Hot Weather Conditions • Jelmer Alisma: Heat Illness in Tennis |
| 10:30-11:00 | Coffee Break |
| 11:00-12:00 Tennis court | Part 1: Biomechanics in Tennis Success - The Serve Gavin MacMillan |
| 12:00-12:30 Tennis court | The Power of Planned Disruptions Ruben de Bruin |
| 12:30-13:30 | Lunch Break |
| 13:30-14:30 Tennis court | Part 2: Biomechanics in Tennis Success - Groundstrokes Gavin MacMillan |
| 14:30-15:00 Tennis court | Physiology Insights for Tennis Success Glenn Björklund |
| 15:00-15:30 | Coffee Break |
| 15:30-16:00 Tennis court | Stroke Booster Natasja van der Boon |
| 16:00-17:00 Tennis court | Mastering Agility on the Tennis Court Miguel Janssen, Marleen Jansen |
| 17:00 Tennis Court | Closing Jan Bunt |